



October 2024

SPIN CLASS SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Latin Spin 6PM Alicia	2 Spin 5:45AM Melissa B.	3 Spin 6PM Paula	4	5 Spin 9AM Melissa B.
6	7 Spin 6PM Paula	8 Latin Spin 6PM Alicia	9 Spin 5:45AM Melissa B.	10 Spin 6PM Lauren	11	12 Spin 9AM Melissa B.
13	14 Spin 6PM Jody	15 Latin Spin 6PM Alicia	16 Spin 5:45AM Melissa B.	17 Spin 6PM Gerri	18	19 Spin 9AM Jody
20	21 Spin 6PM Melissa G.	22 Latin Spin 6PM Alicia	23 Spin 5:45AM Melissa B.	24 Spin 6PM Paula	25	26 Spin 9AM Melissa G.
27	28 Spin 6PM Melissa G.	29 Latin Spin 6PM Alicia	30 Spin 5:45AM Melissa B.	31 Spin 6PM Lauren		