



January 2025

SPIN CLASS SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 CLOSED	2 Spin 6PM Alicia	3	4 Spin 9AM Jody
5	6 Spin 6PM Jody	7 Latin Spin 6PM Alicia Intro Spin 10:45-11:30AM	8 Spin 5:45AM Melissa B	9 Spin 6PM Gerri	10	11 Spin 9AM Melissa B
12	13 Spin 6PM Paula	14 Latin Spin 6PM Alicia Intro Spin 10:45-11:30AM	15 Spin 5:45AM Melissa B	16 Spin 6PM Gerri	17	18 Spin 9AM Melissa G
19	20 Spin 6PM Melissa G	21 Latin Spin 6PM Alicia	22 Spin 5:45AM Melissa B	23 Spin 6PM Gerri	24	25 Spin 9AM Melissa B
26	27 Spin 6PM Paula	28 Latin Spin 6PM Alicia	29 Spin 5:45AM Melissa B	30 Spin 6PM Lauren	31	