



UPPER MERION TOWNSHIP PARKS & RECREATION BOARD



Mike Trachtenberg, Chairperson
Paul Salamy, Vice Chair
Kathleen Garro, Secretary
Mary Ann Ahearn
Holly Meade
Neil Sardinas
Mark Vondra
Tina Garzillo, Board Liaison
Dan Russell, Staff Liaison

Upper Merion Township Parks & Recreation Board Meetings 7:30pm Upper Merion Community Center Meeting dates: 1/14, 2/11, 3/11, 4/8, 5/13

UPPER MERION TOWNSHIP PARKS & RECREATION TEAM

Daniel Russell: Parks & Recreation Director drussell@umtownship.org

Tygh Kane: Customer Service Financial Supervisor tkane@umtownship.org

Heather Melck: Aquatics Manager hmelck@umtownship.org

Dylan Muthersbaugh dmuthersbaugh@umtownship.org

Martie Peterson: Secretary recsec@umtownship.org

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Dennis Rudzinski: Recreation Superintendent drudzinski@umtownship.org

Brian Sell: Program Coordinator bsell@umtownship.org

Gerry Testa: Maintenance Foreman gtesta@umtownship.org

Paige Wildasin: Recreation Assistant pwildasin@umtownship.org

UPPER MERION COMMUNITY CENTER COMPLEX ADVISORY BOARD



Chris Levy, Chairperson
Karen Huller, Vice Chair
Sheila Lessin, Secretary
Michael Hyman
Thomas Kozuchowski
Paul Salamy
Terry Stevens

Sydney Marchese, Student Member Greg Waks, Board Liaison Dennis Rudzinski, Staff Liaison

Upper Merion Community Center Complex Advisory Board Meetings 7:30pm Upper Merion Community Center Meeting dates: 1/21, 2/18, 3/18, 4/15, 5/20

> Like us on Facebook & Follow us on Twitter & Instagram Upper Merion Parks and Recreation







Special Events

Upper Merion Parks and Recreation proudly presents the following lineup of Special events and noteworthy dates:

Holiday Village

Saturday, Dec 7th

12-3pm

UM Township Building Park

Earth Day

Saturday, April 26th

11am-2pm

UM Township Building Park

Recycling Event

Sunday, April 27th 11am-2pm UM Middle School Lot

Programs with this symbol are able to accommodate participants with special needs.



If you have questions, please call the Park and Rec office before registering.

610-265-1071

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HOW TO REGISTER



Registering Online

- 1. Visit: https://register.communitypass.net/
- 2. Login to an existing account or create a new account
- 3. Click the "Register Now" button, then select the activities you would like to register for.

Registering In-person

Stop by the UM Community Center Front Desk 431 W Valley Forge Road, King of Prussia PA 19406

Forms of Payment:

Only Credit Card accepted Online.

Cash, Check, and Credit Card are accepted at the Community
Center Front Desk

With **CommunityPass** you can:

- See current and future registrations
- View receipts
- Edit account information at any time
- Get email and/or text notifications
- And more....

BAXTER PARK:

650 S. Henderson Rd, KOP

BELMONT PARK:

200 Anderson Dr, KOP

BRIDGEPORT SCHOOL:

900 Bush St, Bridgeport

BOB CASE FIELD:

295 Abrams Mill Rd, KOP

BOB WHITE PARK:

485 Falcon Rd, Wayne, PA 19087

CALEY SCHOOL:

725 Caley Rd, KOP

CANDLEBROOK SCHOOL:

310 Prince Frederick St. KOP

EXECUTIVE ESTATES PARK:

Longview Rd, KOP

GULPH SCHOOL:

650 S Henderson Rd, King of Prussia

GULPH MILLS INDOOR TENNIS CLUB:

610 South Henderson Rd, KOP

HEUSER PARK:

694 W. Beidler Rd, KOP

OUR TOWN ALLEY:

2912 Swede Rd, East Norriton

RADNOR RACQUET CLUB:

175 King of Prussia Rd, Radnor

ROBERTS SCHOOL:

889 Croton Rd, Wayne

SWEDELAND PARK:

B Street & River Road, Swedeland, KOP

UPPER MERION AREA HIGH SCHOOL:

435 Crossfield Rd, KOP

UPPER MERION AREA MIDDLE SCHOOL:

450 Keebler Rd, KOP

Please use rear entrance, off of Crossfield Rd to enter building.

UPPER MERION COMMUNITY CENTER:

431 W. Valley Forge Rd, KOP

UPPER MERION TOWNSHIP BLDG:

175 W. Valley Forge Rd, KOP

UPPER MERION TOWNSHIP OUTDOOR POOL:

431 W. Valley Forge Rd, KOP

VALLEY FORGE NATIONAL HISTORICAL PARK:

1400 North Outer Line Drive, KOP

WALKER FIELD:

Old Fort & William Rd, KOP

UPPER MERION POLICIES

Registration Info:

All Activities and Trips

- Only people who are registered prior to the start of an activity will be permitted to participate.
- Classes may be cancelled prior to their start if the minimum number has not been reached.
- Upper Merion Parks & Recreation complies with the Americans With Disabilities Act.
- Participants must abide by all rules & regulations set forth by Upper Merion Parks & Recreation relating to participation in trips & activities, including Upper Merion Area School District rules & regulations pertaining to illegal drugs, weapons, and smoking.
- All activities and trips are filled on a first-come first-served basis. A spot can ONLY be reserved upon receipt of completed registration & full payment.
- For Senior Citizen prices ages 60 and up: must be an Upper Merion Resident to qualify for activities (UMASD residents).
- Prices, dates, times & locations are subject to change without notice.
- For inclement weather, check our web site or contact the Park & Recreation Department (610-265-1071) or program coordinator to see if the activity is cancelled. Classes will be made-up if time permits. www.umtownship.org
- When UMASD schools are closed, all activities taking place at UMASD facilities are cancelled.
- Upper Merion Township is not responsible for lost, stolen, or misplaced items.
- Students staying after school to attend a program must provide a written note to the school office.

Trip Info

- Prices for trips include ticket & transportation, unless noted.
 Any tickets will be distributed on the bus.
- Buses usually depart from and return to Upper Merion Township Building Lower Lot or the UM Community Center.
- Do not board bus before the chaperones.
- Children under the age of 5 are not permitted on trips transported by school buses.

Refund Policies:

UMPR Community Center Passholder Refund Policy

- · No refunds will be given for Annual memberships.
- Passholders who have a monthly membership payment may only cancel their membership after the second month. Monthly membership payments may be cancelled 15 days before the next scheduled payment after the second month.

- Passholders who have a one month membership are not eligible for program/pool discounts.
- Only active passholders are eligible for program and pool discounts. Passholders who cancel their membership and who received a discount as a result of their membership will be responsible for paying the difference in program fees if the program is taking place at the time of cancellation or is to take place after the cancellation.

UMPR Pool Membership Refund Policy

• Pool memberships are non-refundable.

UMPR Class and Program Refund Policy

- Classes: refunds must be requested prior to the start of the second class. There are no makeups, pro-rating, or refunds for missed classes.
- One or two-day events: refunds must be requested one-week in advance of the event.
- Excursions or Outings: refunds must be requested seven days in advance of the trip date. No refunds will be issued less than 7 days prior to the trip date unless spots can be filled from a waitlist.
- If insufficient enrollment causes a class to be cancelled, notification will be given and full tuition refunded, or a credit will be given for future use. (The Upper Merion Parks and Recreation Department reserves the right to cancel, postpone, combine classes, or change instructors.)

UMPR Camp and Camp Trip Refund Policy

- Camps (ADC, ADC2, Camp Beech tree, and Consortium for the Arts, Weekly Camps): refunds must be requested prior to the start of camp. Camps are non-refundable after the start.
- Camp trip cancellations: Camp trips are non-refundable after registration.

UMPR Discount Ticket and Daily/Open Gym Pass Refund Policy

- Discount Tickets: purchases are non-refundable.
- Daily Passes and Open Gym Passes: purchases are nonrefundable.

Requests for refunds must be approved by the Department.

(*Refund checks are mailed within 30-60 days and are subject to a \$10 processing fee. Credit card purchases may be refunded within 7 days of purchase.)

COMMUNITY CENTER INFO

Contact Info:

Hours of Operation:

New Year's Day
Easter Sunday
Closed
Closed
Memorial Day
Independence Day
Closing at 5 pm

UMCC Holiday Schedule

610-265-1071 431 W. Valley Forge Road, King of Prussia, PA 19406 Monday through Friday 5:00a-9p Saturday and Sunday 8:00a-5p *Hours subject to change*

Thanksgiving Eve Closing at 5 pm
Thanksgiving Day Closed
Christmas Eve Closing at 3 pm

Membership Fees subject to change

Christmas Day Closed

New Year's Eve Closing at 5 pm

Upper Merion Community Center Membership Rates

(Members receive a 15% discount on UMPR programs/ 25% discount on Pool Memberships)









	Resident	Resident	Non- Resident	Non- Resident
Passholder Category	Annual	MONTHLY	Annual	MONTHLY
Adult	\$358.00	\$29.84	\$446.00	\$37.17
*Adult Couple	\$540.00	\$45.00	\$678.00	\$56.50
Senior (60+)	\$287.00	\$23.91	\$358.00	\$29.84
*Sr. Couple	\$429.00	\$35.75	\$541.00	\$45.09
Youth (3-17)	\$287.00	\$23.91	\$358.00	\$29.84
*Family (2 adults & max 4 kids)	\$772.00	\$64.34	\$965.00	\$80.42
*Single Parent Fam. (1 adult, max 2 kids)	\$385.00	\$32.09	\$485.00	\$40.42
Additional Child Charge				
(beyond the family maximum)		\$53 բ	oer child	
Service Member Discounts: Veterans				
Active Volunteer Fire and EMS				
Citizen Board Members	5% discount on all membership categories			
**30 Day Membership -Child, Adult, or Senior	\$32-Residents; \$42-Non-Residents;			
***Open Gym	\$6-Residents; \$12-Non-Residents; Free to Passholders			
***Daily Pass	\$12-Residents; \$18-Non-Residents; Free to Passholders			

Additional Details:

- *A Family consists of parents and/or legal guardian with children (23 years old and younger) living in the same household. UMPR holds the right to ask for proof of dependency and residency.
- *Dependents age 23 and younger must be son/daughter or prove dependency on primary applicant.
- *A couple consists of two adults in the same household as spouses or partners. UMPR holds the right to ask for proof of residency.
- **Passholders who have a 30 day membership are not eligible for program/pool discounts.
- ***Open gym: An Open Gym Pass provides non-passholders use of all scheduled open gym for the day. Participants must sign waiver. Those under 18 years of age must have a parent/guardian signed waiver at each visit.
- ***Daily Pass: A Daily Pass provides non-passholders unlimited use of the fitness center, group exercise classes, and scheduled open gym for the full day. Participants must sign waiver each visit. Those under 18 years of age must have a parent/legal guardian signed waiver.

UMCC - Age Policy:

Open Gym: Ages 11 and older may participate in Open Gym without parent/guardian supervision.

Fitness Center: Ages 14 and older may utilize the Fitness Center without parent/guardian supervision, after receiving a Fitness Orientation from a Fitness Specialist. Ages 10-13 may utilize the cardio equipment in the Fitness Center with direct parent/guardian supervision. Ages 10-13 are not permitted to use weights or strength machines for their safety.

Group Exercise Classes: Ages 14 and older may participate in Group Exercise Classes without parent/guardian supervision. Ages 10-13 may participate in Group Exercise Classes with direct parent/guardian supervision. Ages 5-13 may participate in Group Exercise Classes designated as "Family Friendly".

Guest Pass Age Policy: Guest passes will only be available to adult members (18+). Guests under 18 are welcome when directly accompanied by an adult member. Guests 18+ must show valid photo ID, while guests under 18 need a youth waiver signed by a parent/guardian.

COMMUNITY CENTER - FITNESS CENTER

Fitness Center Offerings:

- Fitness Orientations
- Fitness Assessments
- Quick Start Workout
- Personal Training
- Blood Pressure Reading
- Body Composition





simplexhealth

How to Sign Up:

To sign up for personal training or to reserve your spot in our various group exercise classes, follow the link below:

https://umprccgroupexercise.as.me/schedule.php

Or use the below QR Code



GROUP EXERCISE INFO

Community Center Members get access to over 35 Weekly Group Exercise Classes, including Yoga, Zumba, Circuit Fitness, Spinning, Strength & Mobility, and more!



The Group Exercise Schedule typically comes out on a bi-monthly basis. For the Group Exercise class schedule, as well as detailed descriptions and class locations, please visit our website:

https://www.umtownship.org/departments/parksrecreation/community-center/

Class schedule/instructors are subject to change

Open Gym

Free for Passholders! Non-passholders may pay the Open Gym Fee

The Community Center offers Open Gym times that include Basketball, Pickleball, Volleyball, and more.

For a full listing of the Open Gym schedule go to www.umtownship.org

Or Contact the Front Desk for updated Open Gym times.









UPPER MERION COMMUNITY CENTER

FACILITY RENTAL

Interested in renting a court, classroom or meeting room? Give us a call! Contact Allyson Roberts at aroberts@umtownship.org

For pricing and room selection please see our website: umtownship.org/

AFTER SCHOOL PROGRAMS

Hands On Science - Afterschool Program

Ages: 5-10 (K-4th Grade)
Location: Various Schools

Instructor: "Professor" Bob Matcovich

Flying Things: Here he goes, again, 'Professor' Bob is putting his head in the clouds. Come and explore the science of air travel. Airplanes, helicopter, balloons, rockets, and ... baseballs? Yes! If it moves through the air, we will talk

about it. Great co-ed class.

ROBOT Understanding: How do robot arms move? How do robot legs move? How do robots understand? Come and find out as we explore the world of robots. This is a fun hands-on learning class. Watch out Mr. Musk, the next generation of inventors, engineers, and scientists are coming!

Messy Science: "Professor' Bob is doing all the experiments mom won't let you do in the house. Fun messy experiments going for thrills and spills, and no clothes will be hurt in the making of this science class. Lots of outdoor fun.

MIN 10 MAX 20

Cost: R-\$108, NR-\$118, PR-\$92, PNR-\$100

FLYING THINGS

WAS25.1.1 Roberts Tues 2/4-2/25 3:30p-4:30p
WAS25.1.2 Candlebrook Wed 2/5-2/26 3:30p-4:30p
WAS25.1.3 Gulph Thurs 2/6-3/13 3:30p-4:30p

NO CLASS GULPH 2/13 & 3/6

Cost: R-\$108, NR-\$118, PR-\$92, PNR-\$100

ROBOT UNDERSTANDING

WAS25.1.4 Caley Tues 3/18-4/8 3:30p-4:30p
WAS25.1.5 Roberts Wed 3/19-4/9 3:30p-4:30p
WAS25.1.6 Candlebrook Thurs 3/20-4/10 3:30p-4:30p

Messy Science

Cost: R-\$108, NR-\$118, PR-\$92, PNR-\$100

 WAS25.1.7
 Bridgeport
 Tues 4/22-5/13
 3:30p-4:30p

 WAS25.1.8
 Caley
 Wed 4/23-5/14
 3:30p-4:30p

 WAS25.9
 Gulph
 Thurs 4/24-5/15
 3:30p-4:30p

Snapology - Creature Creator Robotics

Ages: 7-12

Location: Various Schools Instructor: Snapology Staff

Your animal lover will have fun learning engineering and coding while they create animal inspired robotic models! Students will learn about gear ratio, sensors, simple machines, and programming as they build insects, dolphins, gorillas, and much more. Your child is sure to have a wild time as they build, learn, and play.

NO CLASS: Candlebrook 1/20 & 2/17

Cost: R-\$151, NR-\$161, PR-\$128, PNR-\$137

WAS25.2.1	Candlebrook	Mon 1/6-2/24	3:30p-4:30p
WAS25.2.2	Gulph	Tues 1/7-2/4	3:30p-4:30p
WAS25.2.3	Caley	Wed 1/8-2/5	3:30p-4:30p
WAS25.2.4	Roberts	Thurs 1/9-2/6	3:30p-4:30p
WAS25.2.5	Bridgeport	Fri 1/10-2/7	3:30p-4:30p

Snapology - KinderRobotics

Ages: 5-8

Location: Various Schools Instructor: Snapology Staff

Children will begin to explore the world of robotics as they build simple models that teach the fundamentals of robotic design and coding. Whether learning about conditional programming while building drills and magic wands, or discovering ways that simple machines create movement while building helicopters and robotic dogs, your child is sure to have a great time.

NO CLASS: Candlebrook 3/31, 4/14 & 4/21, Gulph 4/15, Caley 4/16, Roberts 4/17, Bridgeport 4/18

Cost: R-\$151, NR-\$161, PR-\$128, PNR-\$137

WAS25.3.1CandlebrookMon 3/17-4/283:30p-4:30pWAS25.3.2GulphTues 3/18-4/223:30p-4:30pWAS25.3.3CaleyWed 3/19-4/233:30p-4:30pWAS25.3.4RobertsThurs 3/20-4/243:30p-4:30pWAS25.3.5BridgeportFri 3/21-4/253:30p-4:30p



AFTER SCHOOL PROGRAMS

Young Rembrandts—Afterschool Program

Grades: K-4

Location: Various Schools

Instructor: Young Rembrandts Staff

Young Rembrandts classes will teach fun lessons—realistic, still life, cartoons and more! New lessons every week, each session! No experience necessary. All supplies included. Classes take place in the school building right after dismissal. Register today!

Cost: R-\$182, NR-\$192, PR-\$155, PNR-\$163

FAS25.4.1	Caley	Mon 1/27-3/17	3:30p-4:30p
NO CLASS	2/17		
FAS25.4.2	Caley	Mon 3/24-6/2	3:30p-4:30p
NO CLASS	3/31, 4/14, &	4/21	
FAS25.4.3	Candleb	rook Tues 1/21-3/4	3:30p-4:30p
FAS25.4.4	Candleb	rook Tues 3/18-5/6	3:30p-4:30p
NO CLASS	4/15		
FAS25.4.5	Gulph	Wed 1/22-3/12	3:30p-4:30p
NO CLASS	1/29		
FAS25.4.6	Gulph	Wed 3/19-5/14	3:30p-4:30p
NO CLASS	4/9 & 4/16		
FAS25.4.7	Bridgep	ort Thurs 1/23-3/6	3:30p-4:30p
FAS25.4.8	Bridgep	ort Thurs 3/13-5/8	3:30p-4:30p
NO CLASS	4/10 & 4/17		

Fri 1/24-3/7

Fri 3/14-5/9

Soccer Stars—Technical Skills Afterschool Program

Grades: 3-4

Location: Various Schools
Instructor: Soccer Stars Coach

The goal of the program at this stage is to improve children's elementary capacity through fun games, technical skill development, and group activities. The primary focus is to increase familiarity of space to enable children to develop team skills in a game environment. Emphasis is placed on first-touch and awareness of teammates positioning so that these skills can be easily transferred into the soccer game. Every class includes ball activities with high repetitions to promote muscle memory that builds confidence and ball control skills.

Cost: R-\$182, NR-\$192, PR-\$155, PNR-\$163

FAS25.5.1 Gulph Mon 2/24-5/19 3:30p-4:30p

No Class: 3/31, 4/14, 4/21

FAS25.5.1 Roberts Tues 2/25-5/13 3:30p-4:30p

No Class: 3/11, 4/15

FAS25.5.1 Caley Fri 2/28-5/23 3:30p-4:30p

No Class: 4/18

3:30p-4:30p

3:30p-4:30p

ART, DANCE & THEATRE PROGRAMS

Ballet

Ages: 3-8

FAS25.4.9

FAS25.4.10

Location: UM Community Center

Roberts

Roberts

Instructor: Jeana Muccia

NO CLASS 4/11 & 4/18

This 14-week program is a great introduction to dance for young children ages three to eight! Classes will be ballet/creative movement based with a strong focus not only on basic ballet moves, but also balance exercises, teamwork and listening skills. The lessons will culminate in a recital where they will be involved in at least two dances. Absolutely no previous dance experience is necessary! Recital will be held on May 10, 2025

Cost: R- \$170, NR- \$180, PR- \$145, PNR- \$153

WDA25.1.1: Ages 3-4yrs: Mondays, 5:00-5:45, 2/3/25-5/5/25

WDA25.1.2: Ages 5-6yrs: Thursdays, 5:00-5:45, 2/6/25-5/8/25

WDA25.1.3: Ages 7-8yrs: Thursdays, 5:45-6:30, 2/6/25-5/8/25

Ballroom Dancing (Beginners/Advance)

Ages: 18+

Location: UM Community Center

Instructor: Jeana Muccia

Beginner – Learn basic movements for traditional American and International style ballroom dancing. Perfect for social gatherings, including weddings, date nights, etc. Also provides great low impact exercise! Partners are strongly encouraged, but not required. No experience is necessary. All are welcome! *A social dance party will be held at the culmination to celebrate everything learned throughout the session! Please note, the social dance party is only offered to those who sign up for the entire program.

Monday Nights, 7:00-8:00p

WDA25.2.1: Session 1: 1/13/25-3/3/25 **WDA25.2.2:** Session 2: 3/17/25-5/12/25

Individual Classes

Cost: R- \$12, NR- \$17, PR- \$10, PNR- \$14

8 Session Package

Cost: R- \$94, NR- \$99, PR- \$80, PNR- \$85

ART, DANCE & THEATRE PROGRAMS

Come Draw with Young Rembrandts

Grades: K-5

Location: UM Community Center Instructor: Young Rembrandts Staff



Young Rembrandts

Young Rembrandts continues to teach fun drawing lessons at our Community Center! New lessons every week, each session! Still life, cartoons, famous artists are some of the subjects we teach- no experience necessary. Register today!

NO CLASS 2/17 & 4/19

Cost: R-\$183, NR-\$193, PR-\$155, PNR-\$164

WA25.1.1 Mon 2/3-3/24 5:30p-6:30p **WA25.1.2** Mon 4/7-5/29 5:30p-6:30p

<u>Come Draw with Young Rembrandts—Preschool/</u> Junior and Elementary

Ages: 4-5 (Junior) and 5-12 (Elementary)
Location: UM Community Center
Instructor: Young Rembrandts Staff

Young Rembrandts continues to teach fun drawing lessons at our Community Center! New lessons every week, each session! Still life, cartoons, famous artists are some of the subjects we teach- no experience necessary. Register to-day!

NO CLASS 4/19

Cost: R-\$183, NR-\$193, PR-\$155, PNR-\$164

 WA25.2.1
 Junior
 Sat 2/1-3/15
 9:30a-10:15a

 WA25.2.2
 Junior
 Sat 3/29-5/17
 9:30a-10:15a

 WA25.2.3
 Elementary
 Sat 2/1-3/15
 10:30a-11:30a

 WA25.2.4
 Elementary
 Sat 3/29-5/17
 10:30a-11:30a

Young Rembrandts—Easter Workshop

Grades: 4-12

Location: UM Community Center Instructor: Young Rembrandts Staff

Join us for a fun Easter themed workshop where we will create our own masterpiece featuring a bunny and an Easter basket! No experience necessary! All supplies included. This is a drop-off program. Register today!

Cost: R-\$44, NR-\$49, PR-\$37, PNR-\$42 WA25.3.1 Fri 4/11 5:30p-7:00p

Young Rembrandts—Mother's Day Workshop

Grades: 4-12

Location: UM Community Center Instructor: Young Rembrandts Staff

Join us for a fun Mother's Day themed workshop where we will create our own version of Van Gogh's Sunflowers to gift our mother and mother like figures in our life! No experience necessary! All supplies included. This is a drop-off program. Register today!

Cost: R-\$44, NR-\$49, PR-\$37, PNR-\$42 **WA25.4.1** Fri 5/2 5:30p-7:00p

<u>Upper Merion Performing Arts: Frozen Themed Theatre Camp</u>

Grades: Pre K-2nd Grade
Location: UM Community Center

Instructor: Upper Merion Performing Arts

Staff

This is an intro to musical theatre opportunity for younger students. Students will take 10 weeks learning through dance, songs, fun, creativity and community to put on a production with the music from Frozen.

Cost: \$175

WA25.5.1 Sat 3/8-5/17 9:00-11:00a **WA25.5.2** Sun 3/9-5/18 9:00-1:00am

<u>Upper Merion Performing Arts: Frog and Toad Kids</u>

Grades: 3rd-8th Grade

Location: UM Community Center

Instructor: Upper Merion Performing Arts

Staff

UMPA is excited to put on this type of program for the first time in a musical form. Ten weeks through this whimsical show that follows two great friends— the cheerful popular Frog, and the rather grumpy Toad, through four fun filled seasons. Waking from hibernation, Frog and Toad plant gardens, swim, rake leaves, go sledding and learn life lessons along the way. Throughout the year, two best friends celebrate and rejoice in the differences that make them unique. A Year with Frog and Toad Kids is a great first choice for young performers, with plenty of ensemble roles.

Cost: \$215

WA25.6.1 Tues 3/11-5/20 5:30-7:30p **WA25.6.2** Thurs 3/13-5/22 5:30-7:00p

(R) Upper Merion Residents; (NR) Non-residents; (PR) Passholder Resident; (PNR) Passholder Non-Resident

ART, DANCE & THEATRE PROGRAMS

<u>Upper Merion Performing Arts: Voice</u> Lessons

Grades: 5th– 12th Grade

Location: UM Community Center

Instructor: Upper Merion Performing Arts

Staff

This exciting opportunity for students 5th-12th grade gives them a chance to have 1 on 1 instruction to help grow their understanding of vocal technique and self confidence. This affordable option will be personalized for each student, as Ms. Sarah will work at your students pace and with their specific needs to help them find their true voice. Lessons are filling up quickly, schedule one today! Thirsty minute time slots Mondays 3/10-5/19.

Cost: \$30 (Thirty minute time slots)

WA25.7.1 Mon 3/10-5/19 6:00-9:00p



<u>Upper Merion Performing Arts: Improv Class</u>

Grades: 5th – 12th Grade

Location: UM Community Center

Instructor: Upper Merion Performing Arts

Staff



Nir Kitaro's fun and educational Improv class on Monday nights is a wonderful way for your student to learn the art of improv, while learning something along the way. Monday nights will be a fun time for all involved! (Minimum of 6 needed to run the class)

Cost: \$100

WA25.8.1 Mon 3/10-5/19 6:00-7:00p

Consortium for the Arts

Consortium for the Arts

Proudly announces their Summer show for 2025

Please stay tuned for more information about camp details

Show dates: July 23rd and 24th



AQUATICS PROGRAMS

Swim Policies & Regulations (Indoor pool)

- 1. Certified lifeguards are on duty at listed times.
- 2. Must bring your own suit and towel.
- Everyone must sign-in with the lifeguard before using the pool.
- Upper Merion Township is not responsible for items lost, stolen, or left at the pool facilities.
- No food or drinks (besides water) are permitted in the pool area.
- No glass permitted in the facility (no snorkeling style goggles made from tempered glass).
- All registrations must be done prior to visiting the high school pool.

NOTE: The pool water temperature is set at a level to facilitate interscholastic competition. Average temperature is 80°.

Entry to the high school pool is from the back parking lot only. The Upper Merion High school pool is required to be latex free, please make sure all equipment (including swim caps, goggles, bathing suits and any other swim aids) are all latex free. No latex products will be permitted in the pool facility.

Aqua-cize

Ages: 18+

Location: Upper Merion High School Pool

Instructor: Erika Spott

Multi-level workout and training (cardio, balance, stretching, and strengthening). Individual preference for low to high impact participation. Great for people who have joint problems. Come join us for a fun workout. Sign up for 1 or 2 days per week. 2 weather cancellations have been included for the program. The new high school pool has a ramp to walk into the pool. No latex products may be brought into the facility.

Senior rate for UM residents age 60+. **No class:** 3/31, 4/10, 4/14, 4/17, 4/21.

WAQ25.1.1-.2 Mon and/or Thurs 3/3-5/5 7pm-8pm

1 x/week -R-\$30, NR-\$35, RS-\$20 PR-\$26, PNR-\$30, PS-\$17 2 x/week-R-\$60, NR-\$65, RS-\$40 PR-\$51, PNR-\$55, PS-\$34

Learn to swim - Adult

Ages: 14+

Location: Upper Merion High School Pool

Instructor: UMPR Staff

Receive instruction that can save your life. This class will help adults overcome their fear of the water and to learn the basic skills to achieve a minimum level of water competency. Small groups allow the adult to learn at their own pace.

Min: 4, Max: 8.

No latex products may be brought into the facility.

Cost: R-\$70, NR-\$75, PR-\$60, PNR-\$64 **WAQ25.2** Tue 3/11-4/1 7:30pm-8:15pm

Learn-to-Swim/Youth

Ages: 4-14

Location: UM High School Pool

Instructor: UMPR Staff

Only children who are at least 4 years old and fully toilet trained may take part in our learn to swim program. Ratio: 2 students per instructor. **Note:** Average pool temperature is 80°. **No latex products may be brought into the facility.**

<u>Please note</u>: For learn to swim classes, you may only sign up for 1 x 30 minute session per student.

Cost: R-\$56, NR-\$61, PR-\$48, PNR-\$52

Saturdays 3/15-4/5

WAQ25.3.1 9:30a-10:00a **WAQ25.3.3** 10:30a-11:00a **WAQ25.3.5** 11:30a-12:00p **WAQ25.3.2** 10:00a-10:30a **WAQ25.3.4** 11:00a-11:30a

Lap Swim

Ages 14+

Location: Upper Merion High School Pool

Please note: the building must be vacated by 9pm or 1:15pm.

No latex products may be brought into the facility. **No program:** 3/31, 4/10, 4/14, 4/15, 4/17, 4/21.

Cost: R-\$20, NR-\$25, PR-\$17, PNR-\$21

WAQ25.4.1 Mon, Tue, Thu 3/3-5/6 7:30pm-8:45pm Saturday 3/15-4/5 12pm-1pm

Recreational Swim

Ages 4+

Location: Upper Merion High School Pool

Only children who are at least 4 years old and fully toilet trained may take part in our Recreational Swim program. Minors under the age of 14 must be supervised by an adult at all times. Minors using floatation aids or minors who are unable to swim the width of the pool unassisted, must have an adult in the pool within arm's reach. Lap lanes will be available for lap swimming.

Please note: the building must be vacated by 1:15pm. No latex products may be brought into the facility.

Cost: R-\$8, NR-\$13, PR-\$7, PNR-\$11

WAQ25.5.1 Saturday 3/15-4/5 12pm-1pm

We are hiring Swim Instructors....

Swim instructor application **deadline**, **February 21st**, 2025.

Program runs on Saturday mornings from 9:30am-12pm from March 15 - April 5.

Additional opportunities will be available through the summer.

Applicants must be at least 14 years old, proficient swimmers and work well with children and adults. Must be available all scheduled Saturday mornings.

To apply, please have the applicant email Heather Melck at hmelck@umtownship.org to request an employment application.

Upper Merion Township Pool Open House

Stop in to see the facility and find out what activities and programs we have planned for the summer.

Meet representatives from the Stingrays swim team!

Saturday, May 17th from 1pm-3pm

Contact Heather Melck, Aquatics Manager at hmelck@umtownship.org for more information.



Registration opens for UM Residents on 1/2/2025. Non-residents will be added to a waitlist and released on 5/1/2025 as space permits.	Memberships		Community Center Passholders	
	Resident	Non-Resident	Resident	Non-Resident
Adult (18+)	\$180	\$225	\$135	\$169
Senior (60+)	\$108	\$135	\$81	\$101
Teen (14-17) - no guest privileges.	\$108	\$135	\$81	\$101
Child (3-13) must be accompanied by an adult pool member. No Guest privileges.	\$72	\$90	\$54	\$68
Toddler (0-2) must be accompanied by an adult pool member. Wading pool only. No Guest privileges.	\$25	\$31	\$19	\$23
Swim Team Only membership (only valid during official swim team practice times and swim meets). No guest privileges.	\$52	\$65	\$39	\$49

Guest passes and Day passes. Guest passes are purchased at the pool office by adult pool members only.	
Adult pool members may sign in up to 3 guests per day. Adult pool member must stay at the facility for the duration of their guests vis	it.
*Guest Pass, full day (purchase at the pool office)	\$13
*Guest Pass, after 5pm (purchase at the pool office)	\$7
*Guest Pass, full day, pack of 5 (purchase at the pool office)	\$60
*Guest Pass, after 5pm, pack of 5 (purchase at the pool office)	\$30
Day Pass , a limited number of day passes, for UM residents only. Must be purchased online prior to visiting the pool.	\$20

Upper Merion Stingrays Summer Swim Team

The Stingrays is a parent run competitive swim team that swims against other local summer swim clubs. Our season runs from May to July. Meets are held Tuesday and/or Thursday evenings. For more information please visit umstingrays.swimtopia.com



All Team participants must be members of the Upper Merion Township Pool

UPPER MERION TOWNSHIP POOL - 2025 SEASON

May 24 - September 1, 11am-8pm daily.

HEALTH AND WELLNESS PROGRAMS

Dance Fitness

Ages: 18+

Location: UM Community Center

Instructor: Jeana Muccia

If you are looking for an upbeat, fun-filled dance fitness class, look no further! This class will get you moving and grooving to the songs used each week. The basic steps of salsa, cha cha and bachata will be incorporated into the cardio part of class, and additional choreography will be taught and reviewed each week. Light weights will be used for some toning exercises, but no experience is necessary. Beginners welcome!

Monday Nights 6:00-700p

WH25.1.1: Session 1: 1/6/25-2/24/25 **Cost:** R- \$58, NR- \$63, PR- \$50, PNR- \$54

WH25.1.2: Session 2: 3/3/25-4/28/25 (No class 4/21)

Cost: R- \$58, NR- \$63, PR- \$50, PNR- \$54

WH25.1.3: Session 3: 5/5/25-6/2/25 (No class 5/26)

Cost: R- \$29, NR- \$34, PR- \$25, PNR- \$28

Introduction to Mindfulness Meditation

Ages: 18+

Location: UM Community Center

The course combines meditation and mindfulness, to make you aware of the present moment and to pay attention inwardly. The student will gain an understanding of mindfulness and how to use different techniques focusing on breath and through meditation become more aware of the body and mind. Studies show that practicing Mindfulness Meditation can reduce stress, relieve anxiety and depression, improve decision making, help maintain emotional stability, and improve memory, concentration, and sleep.

Session 1: Monday Evenings, 7:00PM

WH25.2.1 1/6-1/17

Cost: R-\$88,NR-\$93,PR-\$75,PNR-\$80

Session 2: Saturday Mornings, 11:00AM

WH25.2.2 2/1-2/22:

Cost: R-\$88,NR-\$93,PR-\$75,PNR-\$80

Zumba / Dance Fitness with Geni and Friends

Ages: 14+

Location: UM Community Center

Instructor: Geni Roskos

Join the party in this easy to follow progressed Latin inspired dance fitness class. Create your own schedule. Each class is 45 mins. M, W, 10AM-10:45AM. Free demo

classes 1/6, 1/8, 3/17, 3/19.

Winter Session: 1/13/25-3/12/25

WH25.3.1 Unlimited:

Cost Unlimited: R-\$52,NR-\$57,PR-\$45,PNR-\$49

WH25.3.2 1 Class per week

Cost 1 Class p/week: R-\$42,NR-\$47, PR-\$36, PNR-\$40

WH25.3.3 Class drop in

Cost Drop In: R-\$6, NR-\$8, PR-\$5, PNR-\$6

Session 2: 3/24/24-5/21/24

WH25.3.4 Unlimited:

Cost Unlimited: R-\$52,NR-\$57,PR-\$45,PNR-\$49

WH24.3.5 1 Class per week

Cost 1 Class p/week: R-\$42,NR-\$47, PR-\$36, PNR-\$40

WH24.3.6 Class drop in

Cost Drop In: R-\$6, NR-\$8, PR-\$5, PNR-\$6



INSTRUCTIONAL PROGRAMS

Baby Boomers Retirement Road Map

Ages: 58+

Location: UM Community Center Instructor: John J Crowley, MBA



This is a four part workshop series that will cover key parts of your retirement. Part 1 will cover So-

cial Security claiming strategies to optimize your Social Security Benefits. In Part 2, Medicare and the changes to Medicare due to the Inflation Reduction Act will be discussed. Part 3 you will learn the many retirement planning options available to you. In Part 4 I will show you how to create a retirement income plan you can't outlive using "The Bucket Strategy".

Cost: \$1

WI25.1.1 Social Security	Thurs 1/16	6:30p-8:30p
WI25.1.1 Medicare Basics	Thurs 1/23	6:30p-8:30p
WI25.1.1 Retirement Planning	Thurs 1/30	6:30p-8:30p
WI25.1.1 The Bucket Strategy	Thurs 2/6	6:30p-8:30p
Cost: \$1		
WI25.1.2 Social Security	Thurs 4/17	6:30p-8:30p
WI25.1.2 Medicare Basics	Thurs 4/24	6:30p-8:30p
WI25.1.2 Retirement Planning	Thurs 5/1	6:30p-8:30p
WI25.1.2 The Bucket Strategy	Thurs 5/8	6:30p-8:30p

Built by Me: LEGO® Robotics and Coding - Space

Grades: 1 - 3
Location: UMCC

Instructor: Built By Me Staff

This engaging and hands-on program delves into the world of STEM using LEGO® Spike Essential Robotics Sets. Students will have a blast constructing space-themed structures, such as lunar rovers, and coding them to navigate obstacles. Each week, they will embark on a new space exploration project, allowing them to develop coding and problem-solving skills and collaborate as they work with their partner. Through building, programming and testing LEGO prototypes, students will gain confidence, understanding and an appreciation for the wonders of space.

Cost: R-\$224, NR-\$234, PR-\$190, PNR-\$199 WI25.2.1 Wed 1/29-3/5 5:00p-6:00p

Built by Me: LEGO® Robotics and Coding with Scratch MIT - Funky Innovations

Grades: 3 - 5

Location: UM Community Center Instructor: Built by Me Staff

This fun and interactive STEM program will engage students in engineering, robotics, and coding using LEGO® Spike Essential Robotics Sets. Students will develop programming and design skills as they define problems, brainstorm solutions, and test prototypes, such as a trash monster and a high-tech playground. Students will gain confidence and an appreciation for engineering as they challenge their creativity. Join us for an inspiring journey!

Cost: R-\$224, NR-\$234, PR-\$190, PNR-\$199 **WI25.3.1** Wed 1/29-3/5 6:15p-7:15p

Built by Me: LEGO® Robotics and Coding World of Sports

Grades: 1 - 3

Location: UM Community Center Instructor: Built by Me Staff

Enhance your child's STEM knowledge while building and programming their own robots, unleashing their creativity along the way. This fun, interactive program will introduce students to coding and robotics using LEGO® Spike Essential Robotics Sets. Working in pairs, they build models centered on sports, attach different sensors and motors, and then program their robots' behavior. This hands-on experience boosts confidence and understanding of STEM as children engage in building and coding their robots. Join us for an inspiring journey!

Cost: R-\$224, NR-\$234, PR-\$190, PNR-\$199 **WI25.4.1** Wed 4/2-5/14 5:00p-6:00p

Built by Me: LEGO® Robotics and Coding with Scratch MIT - Ingenious Creations

Grades: 3 - 5

Location: UM Community Center Instructor: Built by Me Staff

This exciting STEM program is designed to immerse students in the world of engineering, robotics, and coding using LEGO® Spike Essential Robotics Construction Sets. Students will work in pairs building various models and then programming them using Scratch MIT, a block-based code, to perform various tasks. Through hands-on activities, students will cultivate their engineering design skills by identifying problems, brainstorming innovative solutions, and testing prototypes. Students will deepen their understanding of STEM and build confidence. Join us for an inspiring journey!

Cost: R-\$224, NR-\$234, PR-\$190, PNR-\$199 **WI25.5.1** Wed 4/2-5/14 6:15p-7:15p

<u>Digital Technology & Multimedia Club</u>

Grades: 4-8

Location: UM Senior Center Computer Lab

Instructor: Education, Arts, & Sports for Youth (EAS)

Students will have fun developing skills on how to design and edit their own webpage using online editing tools such as duda mobile. They will also learn the basics of HTML code. Campers will learn basic digital photography and photo editing techniques to create a collage/artwork. We will teach Microsoft Office modules to create documents, including excel formatting, creating charts & graphs and writing simple formulas. They will also learn the fundamental office skills needed to prepare a presentation for a school project. This program will help improve your child's computer literacy. No Experience Necessary!

Cost: R-\$235, NR-\$245, PR-\$199, PNR- \$208

WI25.6.1 Fri 1/10-2/14 4:00p-6:00p

INSTRUCTIONAL PROGRAMS

Don't Go Broke in a Nursing Home

Ages: 50+

Location: UM Community Center Instructor: John J Crowley, MBA

This workshop is for individuals 50+ concerned about spending down their assets for their care. In this workshop I will discuss the differences between traditional long-term Care and the Hybrid asset-based long-term Care Models. I will have a guest accredited elder law attorney presenting. Some topics that will be covered in the presentation are: What is Long-Term Care? Where can you receive care? Annual Cost of Nursing Home Care; How will you pay for Long-Term Care? Medicaid Planning; Long-Term Care Insurance; Other Insurance Options

Cost: \$1

WI25.7.1 Thurs 2/13 6:30p-8:30p WI25.7.2 Thurs 5/15 6:30p-8:30p

Elder Care and Law Seminars

Aaes: 58+

Location: UM Community Center

Instructor: Law office of Andrew B. Peltzman

WORKSHOP 1: WHAT EVERYONE SHOULD KNOW ABOUT

ESTATE PLANNING & WILLS

WORKSHOP 2: SPECIAL NEEDS TRUSTS & PLANNING FOR SPECIAL NEEDS INDIVIDUALS

WORKSHOP 3: PLANNING FOR AN ELDERLY FAMILY MEM-BER'S INCAPACITY:

WORKSHOP 4:WHAT EVERYONE SHOULD KNOW ABOUT **ESTATE PLANNING & WILLS**

Cost: \$1

WI25.8.1 Workshop 1 Tues 1/14 6:00p-7:00p WI25.8.2 Workshop 2 Tues 2/11 6:00p-7:00p WI25.8.3 Workshop 3 Tues 3/18 6:00p-7:00p WI25.8.4 Workshop 4 Tues 5/13 6:00p-7:00p

Know Your Medicare Options

Ages: 60+

Location: UM Community Center Instructor: Steve Perlman

Many questions are raised about enrollment in a Medicare Plan as you turn 65. What do I need to do? How do I go about it? This educational seminar will give you some of the basics you need to know about how and when to enroll in Medicare.

Cost: \$1

WI25.9.1 Thurs 4/10 6:30p-8:30p

Hands on Science—Temperature Science

Ages: 5-15

Location: UM Community Center

Instructor: Professor Bob

How hot is hot? How cold is cold. If 'Professor' Bob said ice is hot, would he be crazy? If 'Professor' Bob said lava is cold, would Cost: R-\$235, NR-\$245, PR-\$199, PNR-\$208 he be crazy? Join 'Professor' Bob and to see what he is talking about. Come to class and learn how fun temperature can be.

Snapology - Incredible Inventions Robotics

Ages: 8-12

Location: UM Community Center Instructor: Snapology Staff

Do you enjoy being creative and inventing new things? We'll build and code models of some modern inventions to learn about the process real inventors go through, as well as the tools we're working with. Then we'll challenge the students with real world problems for them to design, build, and program robotic models to solve using LEGO bricks and robotics.

Cost: R-\$151, NR-\$161, PR-\$128, PNR-\$137

WI25.11.1 Tues 1/28-2/25 5:30p-6:30p

Snapology - Exploring Engineering

Ages: 5-12

Location: UM Community Center Instructor: Snapology Staff

Does your child love to tinker and create new things, or are they the kind of learner who likes to break things apart and see what's inside? If so, they're going to love Snapology's Engineering Programs! Your student will get to see the moving parts up-close as they follow instructions to build various machines, then use the models to develop new design ideas, test out physics concepts, and even play games with their partners and classmates. Students in grades K-2 will build our introductory Foundational Engineering program, and those in grades 3-6 will build from our intermediate Developing Engineering Program so that all students are working at their developmental level.

Cost: R-\$151, NR-\$161, PR-\$128, PNR-\$137

WI25.12.1 Tues 3/25-4/29 5:30p-6:30p

UMPR Math Club

Grades: 4-8 Location: UM Community Center

Instructor: Education, Arts, & Sports for Youth (EAS)

This is a mathematics 2 enrichment, remediation, and foundation program for students of all levels with experienced instructors.

Focus on:

Homework Review -Group Tutoring **Enrichment Activities** -Filling the Gaps Reinforcement foundational math concepts Making Math Fun -General Math Algebra -Pre-Calculus Introduction to AI, statistics, & Data analytics

WI25.13.1 Fri 2/21-3/28 4:00p-6:00p

Cost: R-\$86, NR-\$91, PR-\$75, PNR-\$79

WI25.10.1 Sat 3/15 9:00a-12:00p

MARTIAL ARTS CLASSES

Filipino Martial Arts - Eskrima

Ages: 10+

Location: UM Community Center

Instructor: Bing Canete; 5th Degree Black Belt

Eskrima, also known as Kali or Arnis, is the national sports and traditional martial arts of the Philippines that teaches self-defense including: weapons combat, hand-to-hand combat, grappling and takedown. Students will be trained in weapons combat and progress to hand-to-hand combat, using the Cacoy Canete Doce Pares System.

NO CLASS: 2/1 & 4/19

Cost: R-\$176, NR-\$186, PR-\$150, PNR-\$158 WMA25.1.1 Sat 1/18-3/15 9:00a-11:00a WMA25.1.2 Sat 4/5-5/31 9:00a-11:00a



Tae Kwon Do - Mike Coleman

Ages: 7+

Location: UM Community Center

Instructor: Mike Coleman; 4th Degree Black Belt

Mixed class for a variety of ages and abilities, including beginners age 7+. Learn Tae-Kwon-Do in a fun but structured environment that fosters discipline, respect, and the work ethic needed for success not just in martial arts, but in life.

Cost: 1 day per week R-\$90, NR-\$95, PR-\$77, PNR-\$81

WMA25.2.1 Tues 1/7-2/25 7:00p-8:30p **WMA25.2.2** Tues 3/18-5/6 7:00p-8:30p

Self-Defense Training for Seniors

Ages: 50+

Location: UM Community Center

Instructor: Donald Leitner; 5th Degree Black Belt, American Kenpo Karate

Free unarmed self-defense training for seniors! Seniors, with no previous self-defense training, are invited. In addition to learning valuable self-defense skills, you will get a good workout and improve your balance, coordination, and flexibility. The program features American Kenpo Karate. **Min 8 Max 20**

Cost: FREE

WMA24.3.1 Tues & Thurs 1/7-5/29 10:30a-11:45a

OUTER LIMITS

Outer Limits Events

Ages: 14+

Instructor: UMPR Staff & Volunteers

Outer Limits is a program for Adults with Special Needs. The program provides a challenging, adventure -oriented recreational experience that will assist participants in developing physically and socially. Activities promote athletic development, ego-enhancement, improve self-confidence and increase self-reliance. Activities are directed by staff and volunteers who are interested in working with special needs individuals.

1/3	SNOWFLAKE DANCE AT THE COMMUNITY CENTER	6:00PM – 8:00PM	R-\$20, NR-\$25 PR-\$17, PNR-\$21
1/18	BOWLING AT Our Town Alley Lanes	1:00PM – 3:00PM	R-\$30, NR-\$35 PR-\$27, PNR-\$31
2/14	SWEETHEART DANCE AT THE COMMUNITY CENTER	6:00PM – 8:00PM	R-\$20, NR-\$25 PR-\$17, PNR-\$21
2/28	PAINTING PARTY & PIZZA	6:00PM – 8:00PM	R-\$25, NR-\$30 PR-\$21, PNR-\$26
3/15	OUTER LIMITS GOES TO THE MOVIES	TBD	R-\$30, NR-\$35 PR-\$27, PNR-\$31
4/11	SPRINGTIME DANCE AT THE COMMMUNITY CENTER	6:00PM – 8:00PM	R-\$20, NR-\$25 PR-\$17, PNR-\$21
5/2	SEMI-FORMAL DANCE AT THE COMMUNITY CENTER	6:00PM – 8:00PM	R-\$20, NR-\$25 PR-\$17, PNR-\$21
5/24	Elmwood Park Zoo	10am-12pm	R-\$30, NR-\$35 PR-\$27, PNR-\$31
6/6	OUTER LIMITS GOES TO DINNER: TBD	6:30PM – 8:00PM	R-\$25, NR-\$30 PR-\$21, PNR-\$26

PLAY & LEARN CLASSES (newborn to school age)

Paint and Play!

Ages: 1.5-5

Location: UM Community Center Instructor: Marianne Sutera

Family Sensory (1.5-4 yrs) - This parent/child program is a treat for the sense, supporting whole child learning. Presenting theme as a starting point, and offering various materials to explore, sets the stage for creative thinking. Movement with music included! We value process over product. purposefulplay1@gmail.com.

Cost: R-\$148, NR-\$158, PR-\$126, PNR-\$135

Session 1

Six Sessions: Wed 1/15-2/19

WPL25.1.1 1.5-2.5yrs – 10:00a-11:00a **Cost:** R-\$134, NR-\$144, PR-\$114, PNR-\$123

Session 2

Seven Sessions: Wed 4/2-5/21 (No Class 4/16) **WPL25.1.2** 1.5-2.5yrs – 10:00a-11:00a **Cost:** R-\$156, NR-\$166, PR-\$133, PNR-\$142

Purposeful Play

Ages: Newborn-5yrs

Location: UM Community Center Instructor: Marianne Sutera

Interactive developmental play program for children and parents. Movement with music, gym exploration, and parachute, all with tyke sized equipment perfect for fun! From tummy time for newborns to gym skills for preschoolers, our facilitated activities support physical, social, and cognitive skills. Nannies and grandparents welcome. Come with a friend, meet new friends! Ages are guidelines, your class should match your child's personal development. Purposefulplay1@gmail.com Min 4 Max 20

Cost: R-\$141, NR-\$151, PR-\$120, PNR-\$128

Eight Sessions: Tues 3/4-2/4/29 (No Class 4/15) WPL25.2.1 Family Bears, Walkers-4yrs - 10:30a-11:15a WPL25.2.3 Baby Bears, 5 mos-crawlers- 11:30p-12:15

PARENTS NIGHT OUT

Parents Night Out

Ages: 6-12

Location: UM Community Center

Instructor: UMPR Staff

Everyone needs a Date Night. Drop the kids off for a fun filled night of crafts, activities, pizza, and a movie! Monthly themes available online! Please bring your own water bottle. **Min 4**

Max 12

Cost: R-\$29, NR-\$34, PR-\$25, PNR-\$29

 WPN25.1.1
 "Despicable Me
 Fri 1/31 5:30p-8:30p

 WPN25.1.2
 "Madagascar"
 Fri 2/28 5:30p-8:30p

 WPN25.1.3
 "Shrek
 "Fri 3/28 5:30p-8:30p

 WPN25.1.4
 "Saving Bikini Bottom"
 Fri 4/25 5:30p-8:30p

 WPN25.1.5
 "Monsters Inc"
 Fri 5/23 5:30p-8:30p











SPORTS PROGRAMS - YOUTH

AMP Youth Running Club

Ages: 3-7 & 6-14
Location: Heuser Park
Director: Allison Phanthavong

This is a club designed to inspire and motivate young runners to engage in a healthy lifestyle. This program is used to introduce the sport of running to the youth along with basic drills and foundational techniques in a positive, fun and supportive atmosphere. Foundational skills such as teamwork, responsibility, and leadership will be incorporated during practice. For the older athletes (ages 10-14), the program can help to prepare and support athletes for middle school cross country, track & field, and other sport programs. All paces and levels are welcome!

Cost: R-\$83, NR-\$88, PR-\$68, PNR-\$77

WSY25.1.1 Ages 3-7 Sat 2/22-3/8 9:15a-10:00a

Cost: R-\$100, NR-\$110, PR-\$85, PNR-\$94

WSY25.1.2 Ages 6-14 Sat 2/22-3/8 8:15a-9:15a

AMP Youth Run Club: Fun Run & Dash Day!

Ages: 3-4, 5-8, 8-14 Location: Heuser Park Director: Allison Phanthavong

This is a race day designed just for kids. The kids-only racing day provides youth with a safe, positive racing experience. Kids are able to participate in 1-3 races of their choice during the competition day. The environment will be supportive and uplifting for all youth to try their best. More information about the timeline of events will be emailed to all parents/guardians who register. While all participants will be celebrated, awards will be given to the 1st, 2nd, and 3rd place finishers in the following age groups for each event/gender: ages 3-4, 5-6, 7-8, 9-10, 11-12, 13-14. All paces and levels are welcome!

Cost: R-\$28, NR-\$33, PR-\$22, PNR-\$37

WSY25.2.1 Ages 3-4 Sat 3/15 8:00a-10:30a

Cost: R-\$34, NR-\$39, PR-\$28, PNR-\$33

WSY25.2.2 Ages 5-8 Sat 3/15 8:00a-10:30a **WSY25.2.3** Ages 8-14 Sat 3/15 8:00a-10:30a

Amazing Athletes—Sports Discovery

Ages: 3-4 & 4-5

Location: UM Community Center Instructor: Soccer Stars Staff

Explore, learn, develop and play with us! This multi-week program is designed to empower kids to discover their inner athlete and love of sport. The kids will learn basic movements for basketball, hockey, baseball, tennis all and much more!

Cost: R-\$183, R-\$193, PR-\$155, PNR-\$164

 FSY25.3.1
 Ages 3-4
 Mon 1/13-3/3
 5:30p-6:10p

 FSY25.3.2
 Ages 4-5
 Mon 1/13-3/3
 6:15p-6:55p

 FSY25.3.3
 Ages 3-4
 Mon 4/7-6/2
 5:30p-6:10p

 FSY25.3.4
 Ages 4-5
 Mon 4/7-6/2
 6:15p-6:55p

Basketball - Xtreme Little Hoopers

Grades:K-2

Location: UM Community Center Instructor: Michelle Michael



Michelle Michael, UM Middle School Coach, AAU Highschool Basketball Coach and Director of the UM Girls Basketball League, will focus on fundamental skills including: dribbling, shooting, rebounding and footwork.

MAX 20

Cost: R-\$106, NR-\$116, PR-\$91 PNR-\$99

FSY25.4.1 Ages 4-7 Wed 3/19-4/9 5:30p-6:15p **FSY25.4.2** Ages 4-7 Wed 4/16-5/7 5:30p-6:15p

Cost: R-\$212, NR-\$232, PR-\$182, PNR-\$198

FSY25.4.3 Ages 4-7 Wed 3/19-5/7 5:30p-6:15p

Basketball - Xtreme Hoops 3 v 3 Skill Development

Grades: 4-8

Location: UM Community Center Instructor: Michelle Michael



Xtreme Hoops Coach Michelle Michael helps to improve players passing, shooting, rebounding, teamwork and understanding of basketball. Players will be put on teams of 3 or 4 players. 3v3 games will be played to reinforce the skills in game situations. 3v3 allows each player more touches to shoot, pass, rebound, play defense and develop.

Min 6 Max 16

Cost: R-\$120, NR-\$130, PR-\$102, PNR-\$111

FSY25.5.1 Wed 3/19-4/9 6:15p-7:15p **FSY25.5.2** Wed 4/16-5/7 6:15p-7:15p

Cost: R-\$240, NR-\$260, PR-\$204, PNR-\$222

FSY25.5.3 Wed 3/19-5/7 6:15p-7:15p

Basketball - Xtreme Hoops Co-ed Clinics

Grades: 3-8

Location: UM Community Center

Instructor: Michelle Michael



Michelle Michael, UM High School Girls Coach, AAU Basketball Coach and Director of the UM Girls Basketball League, will focus on fundamental skills including: dribbling, shooting, rebounding and footwork.

Cost: R-\$106, NR-\$116, PR-\$91, PNR-\$99

FSY25.6.1 Wed 3/19-4/9 6:15p-7:00p **FSY25.6.2** Wed 4/16-5/7 6:15p-7:00p

Cost: R-\$212, NR-\$232, PR-\$182, PNR-\$198

FSY25.6.3 Wed 3/19-5/7 6:15p-7:00p

Basketball - Xtreme Hoops - 1-on-1 Training

Ages: 11+

Location: UM Community Center Instructor: Michelle Michael



This is an advanced and intense individual workout session designed to help aspiring players develop advanced basketball shooting skills. The workout will include the use of the latest technology in basketball shooting. Sessions are paid in advance through Parks and Rec, and scheduled at www.xtremehoops.com. Click on "Make a Reservation" or email Michelle Michael at ShellyM@girlshoops.org.

Schedule with Michelle—60-minute private sessions

WSY25.7.1 1 Session R-\$65, NR-\$70, PR-\$55, PNR-\$60

Basketball - Xtreme Hoops - Group Training

Ages: 11+

Location: UM Community Center Instructor: Michelle Michael



This is an advanced and intense group workout session designed to help aspiring players develop advanced basketball shooting skills. The workout will include the use of the latest technology in basketball shooting. Sessions are paid in advance through Parks and Rec, and scheduled at www.xtreme-hoops.com. Click on "Make a Reservation" or email Michelle Michael at ShellyM@girlshoops.org.

Dates: Schedule with Michelle—60-minute group sessions **WSY25.8.1 1 Session** R-\$45, NR-\$50, PR-\$38, PNR-\$43

Coach K's Basketball Training

Ages: 8-17

Location: UM Community Center Instructor: Coach K Instructions



Ready to improve your game? JOIN COACH K's 5 Week Basketball Training Program! Designed for players of all skill levels, focusing on key areas like shooting, ball handling, defense, passing, and footwork. Whether you're just starting out or looking to refine your skills, our expert coaches will help you reach your full potential!

Cost: R-\$234, R-\$244, PR-\$199, PNR-\$207FSY25.9.1Sun 3/2-3/309:00a-1:15pFSY25.9.2Sun 4/27-6/19:00a-1:15p

SkyHawks Sports - Totletics

Ages: 2-3 & 4-5 Location: UMCC

Instructor: SkyHawks Staff

Totletics is our introduction to exercise for toddlers! Each week we'll play SuperTots games that get kids moving and prepare them for sport through motor, social, and athletic skill development. Grab your workout gear and join us for Totletics!

Cost: R-\$147, NR-\$157, PR-\$125, PNR-\$134

WSY25.10.1 Ages 2-3 Sat 3/8-4/5 9:30a-10:10a **WSY25.10.2** Ages 4-5 Sat 3/8-4/5 10:20a-11:00a

NFL Flag Football - Youth Coed League

Ages: 5-17

Location: Heuser Park

Director: Flag Football America Staff

Youth boys and girls will be organized and play according to the national NFL flag football rules. The league will provide jerseys, referees, flags, fields, and footballs. Volunteer coaches are needed for teams. All coaches will be supported by program staff. No prior experience is necessary. The program is a one-day commitment. This league is a 2-2.5-hour weekly commitment. During the season teams will play doubleheader games with an optional 1/2 hour practice as scheduled by each coach. Athletic attire and non-metal football cleats/ sneakers required. Mouthpieces are recommended, but not required. In order to produce competitively balanced rosters, team requests will not be accepted. Week 1 training camp begins Sunday, April 9th 2025.

Cost: R-\$195, NR-\$205, PR-\$165, PNR-\$174 **WSY25.11.1** Sun 3/9-6/8 9:00a-4:00p

SkyHawks Sports - BaseballTots

Ages: 2-3 & 4-5

Location: Heuser Park Instructor: SkyHawks Staff

Step up to the plate with BaseballTots, ideal for kids aged 2 to 5. These classes focus on developing motor skills and baseball basics like throwing, catching, hitting, and running. It's all about fun, skill development, and creating memorable moments.

BaseballTots fosters a love

for baseball from the start!

Cost: R-\$147, NR-\$157, PR-\$125, PNR-\$134

 WSY25.12.1 Ages 2-3
 Mon 3/31-4/21
 4:30p-5:10p

 WSY25.12.2 Ages 4-5
 Mon 3/31-4/21
 5:20p-6:00p

 WSY25.12.3 Ages 2-3
 Mon 5/12-6/9
 4:30p-5:10p

 WSY25.12.4 Ages 4-5
 Mon 5/12-6/9
 5:20p-6:00p

SkyHawks Sports - Beginner Field Hockey

Ages: 5-10

Location: Heuser Park Instructor: SkyHawks Staff

Join Skyhawks for an exciting introduction to Field Hockey, a sport with a global appeal! Our fun, inclusive program, developed with USA Field Hockey, teaches basics like stick -handling and passing in a game-based environment. Perfect for boys and girls, this program is your child's gateway to a new sport. Each participant receives a free stick, Go Ball and online training with LEAP Hockey. Let's discover Field Hockey together!

Cost: R-\$165, NR-\$175, PR-\$140, PNR-\$149

WSY25.13.1 Wed 4/2-4/30 4:30p-5:30p **WSY25.13.2** Wed 5/14-6/11 4:30p-5:30p

SkyHawks Sports - Beginner Golf

Ages: 5-10

Location: Heuser Park Instructor: SkyHawks Staff

Skyhawks Beginner Golf is powered by Payne Stewart Golf Experiences, the recommended entry level golf program for PGA Junior Golf Camps. The unique, games based play program and modified learning equipment make it easier for kids to hit the ball and experience early success. Putting, chipping, pitching and full swing, are all taught through games, simple repetitive motions and learning rhymes that make it easy for young kids to remember and repeat. Specially designed, age appropriate golf equipment is provided.

Cost: R-\$159, NR-\$169, PR-\$135, PNR-\$144

WSY25.14.1 Wed 4/2-4/30 5:45p-6:45p **WSY25.14.2** Wed 5/14-6/11 5:45p-6:45p

SkyHawks Sports - MultiSportsTots

Ages: 2-3 & 4-5 Location: Heuser Park Instructor: SkyHawks Staff

Kickstart your child's athletic journey with Multi-SportTots! Suitable for kids aged 2 to 5, this program offers a variety of sports through fun, age-appropriate activities, enhancing balance, coordination, and fitness. Parent participation is required for ages 2 to 3, fostering bonding and fun. This is a dynamic introduction to sports, packed with learning and teamwork!

Cost: R-\$147, NR-\$157, PR-\$125, PNR-\$134

 WSY25.15.1
 Ages 2-3
 Thurs 4/3-5/1
 4:30p-5:10p

 WSY25.15.2
 Ages 4-5
 Thurs 4/3-5/1
 5:20p-6:00p

 WSY25.15.3
 Ages 2-3
 Thurs 5/15-6/12
 4:30p-5:10p

 WSY25.15.4
 Ages 4-5
 Thurs 5/15-6/12
 5:20p-6:00p

SkyHawks Sports - Volleyball

Ages: 4-6 & 7-12 Location: UMCC

WSY25.16.6

Instructor: SkyHawks Staff

Spike your way to success with Skyhawks Volleyball! Designed for beginners to intermediates, this program combines the thrill of volleyball with fun, focused training in passing, setting, spiking, hitting, and serving. Beyond skills, it emphasizes leadership and teamwork, fostering growth as players and team members. Join us for volleyball fun and mastery!

Cost: R-\$147, NR-\$157, PR-\$125, PNR-\$134

Ages 7-12

WSY25.16.1	Ages 4-6	Tues 1/21-2/18	3:45p-4:30p
WSY25.16.2	Ages 4-6	Tues 3/4-4/1	3:45p-4:30p
WSY25.16.3	Ages 4-6	Tues 4/15-5/13	3:45p-4:30p
WSY25.16.4	Ages 7-12	Tues 1/21-2/18	4:40p-5:40p
WSY25.16.5	Ages 7-12	Tues 3/4-4/1	4:40p-5:40p

SNAP Exercise

Ages: 6-21

Location: UM Community Center

Instructor: Linda Moser

SNAP Exercise is designed to be rewarding, challenging and fun. The program provides the opportunity for any girl or boy with intellectual and/or physical disabilities to work on basic exercise skills in a fun station format. Parents are required to stay at the Community Center for the entire class. Min 2 Max 12

Cost: Free

WSY25.17.1 Sat 1/18-2/15 11:30a-12:30p

SNAP Exercise Buddies

Ages: 14-100

Location: UM Community Center

Instructor: Linda Moser

Buddies are partnered with a partici-

pant, help set up, break down and

store equipment. No experience is needed just a willingness to have fun and work with children with intellectual and/or physical disabilities on basic exercise skills in a fun station format. Buddies will be provided with certificates to show service hours. Questions can be emailed to Linda Moser at lindaumspring@yahoo.com.

Cost: Free

WSY25.18.1 Sat 1/18-2/15 11:15a-12:35p

SNAP Basketball

Ages: 6-21

Location: UM Community Center

Instructor: Linda Moser

SNAP Basketball is designed to be rewarding, challenging and fun. The program pro-

vides the opportunity for any girl or boy with intellectual and/or physical disabilities to work on basic basketball skills. Parents are required to stay at the Community Center for the entire class. Please indicate shirt size for participant when registering. **Min 2**

Max 12
Cost: Free

WSY25.19.1 Sat 3/1-3/29

11:30a-12:30p

UPPER MERION

S.N.A.P. BUDDIES

SNAP Basketball Buddies

Ages: 12-100

Location: UM Community Center

Instructor: Linda Moser

Buddies are partnered with a participant, help set up, break down and store equipment. No experience is needed just a willingness to have fun and work with children with intellectual and/or physical disabilities on basic basketball skills. Buddies will be provided with certificates to show service hours. Questions can be emailed to Linda Moser at lindaumspring@yahoo.com.

Cost: Free

Tues 4/15-5/13 4:40p-5:40p **WSY25.20.1** Sat 3/1-3/29 11:15a-12:35p

Seccer Shots

Soccer Shots

Ages: 2-3, 3-5, & 5-8

Location: UM Community Center & Heuser Park

Instructor: Soccer Shots Staff

<u>MINI (2-3-year old)</u> - Soccer Shots Mini is a high-energy program introducing children to fundamental soccer principles, such as, using your feet, dribbling and the basic rules of the game.

<u>CLASSIC (3-5-year old)</u> - Soccer Shots Classic utilizes creative and imaginative games to focus on basic soccer skills like dribbling, passing and shooting.

PREMIER (5-8-year old) - Soccer Shots Premier focuses on individual skill, fitness and sportsmanship, providing an opportunity for children to be challenged through fun games and team interaction.

Cost: R-\$212, R-\$222, PR-\$180, PNR-\$189

UM Community Center

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WSY25.21.1	Ages 2-3	Wed 1/15-2/26	4:45p-5:15p
WSY25.21.2	Ages 3-5	Wed 1/15-2/26	5:20p-6:00p
WSY25.21.3	Ages 5-8	Wed 1/15-2/26	6:05p-6:45p
WSY25.21.4	Ages 2-3	Sun 1/12-2/23	8:30a-9:00a
WSY25.21.5	Ages 3-5	Sun 1/12-2/23	9:05a-9:45a
WSY25.21.6	Ages 5-8	Sun 1/12-2/23	9:50a-10:30a
Cost: R-\$241	, R-\$251, P	R-\$205, PNR-\$214	

Heuser Park

Wed 3/26-5/14	4:45p-5:15p
Wed 3/26-5/14	5:20p-6:00p
Wed 3/26-5/14	6:05p-6:45p
Sun 3/30-6/1	9:00a-9:30a
Sun 3/30-6/1	9:35a-10:15a
Sun 3/30-6/1	10:20a-11:00a
	Wed 3/26-5/14 Wed 3/26-5/14 Sun 3/30-6/1 Sun 3/30-6/1



Soccer Stars

Ages: 1-2, 2-3, & 3-5



Location: UM Community Center & Heuser Park

Instructor: Soccer Stars Staff

Parent & Me: A fun-filled movement class for children ages 12-24 months with a parent or caregiver. Our curriculum is specifically designed to develop motor skills, cognitive development, and social interaction. *Every child will receive a shirt for their participation in the program

2-3 Year Olds: A class that is focused on individual development and teamwork. Our age specific curriculum uses a child's imagination to get them moving while learning basic soccer moves and much MORE!! *Every child will receive a shirt for participation in the program.

4-5 Year Olds: A class that is focused on individual development and teamwork. Our age specific curriculum uses a child's imagination that allows them to learn the basic movements of soccer at their own pace and much MORE! *Every child will receive a Soccer Stars shirt for their participation in the program.

Community Center

Cost: R-\$183, R-\$193, PR-\$155, PNR-\$164

WSY25.22.1 Ages 1-2 Sat 1/11-3/1 9:30a-10:10a WSY25.22.2 Ages 2-3 Sat 1/11-3/1 10:15a-10:55a WSY25.22.3 Ages 4-5 Sat 1/11-3/1 11:00a-11:50a

Cost: R-\$173, R-\$183, PR-\$147, PNR-\$156

WPL25.23.1 Ages 1-2 Mon 1/13-2/17 10:30a-11:15a **WPL25.23.2 Ages 2-3** Mon 1/13-2/17 11:20a-12:05p

Heuser Park

Cost: R-\$183, R-\$193, PR-\$155, PNR-\$164

WSY25.22.4 Ages 1-2 Sat 4/12-5/31 9:30a-10:10a WSY25.22.5 Ages 2-3 Sat 4/12-5/31 10:15a-10:55a WSY25.22.6 Ages 4-5 Sat 4/12-5/31 11:00a-11:50a

Tennis - Radnor Racquet Club

Ages: 4-18

Location: Radnor Racquet Club

Instructor: David Broida

Learn the fundamentals of the sport, including: forehand, backhand, serve, volley and basic strategy. Instruction will

be provided for beginner and intermediate players.

Cost: R-\$185, NR-\$195, PR-\$157, PNR-\$166

WSY25.23.1 Beg & Adv Beg Sun 1/5-3/2 3:00p-4:00p WSY25.23.2 Beg & Adv Beg Sun 1/5-3/2 4:00p-5:00p WSY25.23.3 Adv Beg & Inter Sun 1/5-3/2 5:00p-6:00p WSY25.23.4 Adv Beg & Inter Sun 1/5-3/2 6:00p-7:00p

Universal Rackets - Junior Pickleball Clinics

Ages: 6-14

Location: UM Community Center Instructor: Universal Rackets Staff

In the Universal Rackets Junior Pickleball clinic, students will learn the basics of Pickleball including shots, technique, rules, and strategy. At Universal Rackets our goal is to provide a supportive and encouraging environment for all players, so that they can learn and grow in the sport of Pickleball in a fun and positive upbeat atmosphere.

Cost: R-\$212, NR-\$222, PR-\$180, PNR-\$189

WSA25.24.1	Thurs 12/12-1/16	5:00p-6:00p
WSA25.24.2	Thurs 1/23-2/27	5:00p-6:00p
WSA25.24.3	Thurs 3/6-4/10	5:00p-6:00p
WSA25.24.4	Thurs 4/17-5/22	5:00p-6:00p
WSA25.24.5	Sun 3/16-4/27	11:00a-12:00a
WSA25.x.6	Sun 5/4-6/8	9:00a-10:00a

USA Sport Group—Multi Sport Squirts

Ages: 2.5-3.5, 3-4.5, & 4-5.5 Location: Heuser Park

Instructor: USA Sport Group Staff

Parent Assisted Squirts: Ages 2.5-3.5

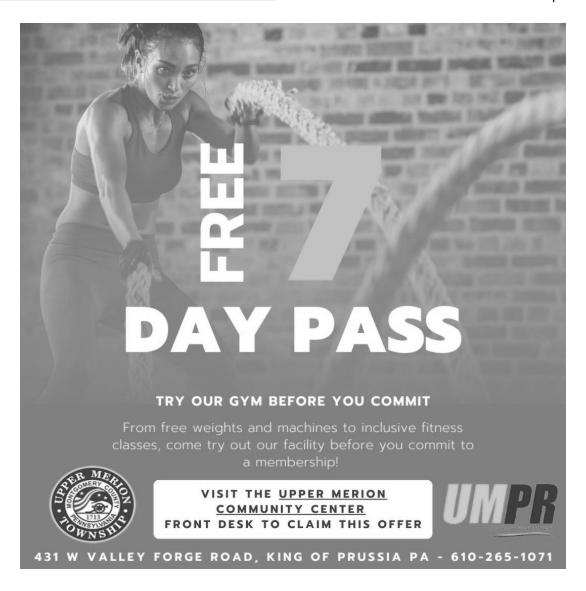
Squirts: Ages 3-4.5

Senior Squirts: Ages 4-5.5

At our Sports Squirts classes, we prioritize the development of fundamental motor skills, all while ensuring they have a blast! Whether it's racing around the field, playing interactive games, or participating in sports drills, your child will have a fantastic time while honing their skill development in the following areas: Running & Skipping, Jumping & Hopping, Throwing & Catching, and Kicking! NO CLASS 5/24

Cost: R-\$241, NR-\$251, PR-\$205, PNR-\$213

WSY25.25.1 Parent Sat 4/26-6/21 2:30p-3:15p WSY25.25.2 Squirts Sat 4/26-6/21 3:20p-4:05p WSY25.25.3 Senior Sat 4/26-6/21 4:10p-4:55p



SPORTS PROGRAMS - ADULT

Basketball - Men's 30 and Up

Ages: Men 30+

Location: UM Community Center

Players will split into teams and play informal and fun basketball games. Must be registered for the full session in order to play.

Sign up early, space is limited. Max 34

Cost: R-\$1118, NR-\$128, PR-\$100, PNR-\$109

WSA25.1.1 Mon 1/6-5/19 7:00p-9:00p

Coed Softball League

Ages: 18+

Location: Bob White Park & Bob Holland Park

Director: Dylan Muthersbaugh

UMPR's Coed Softball League runs from April through August. Because this is such a popular league, registration is first opened up to teams that participated the previous season. If there is availability, interested new teams may register on a "first come, first serve" basis.

All interested new teams should contact Dylan Muthersbaugh at dmuthersbaugh@umtownship.org.

Cost: Team-\$900 WSA25.2.1

Pickleball- Beginner/Intermediate Adult Clinic

Ages: 18+

Location: UM Community Center

Instructor: Universal Rackets PPR-Certified Staff

The Universal Rackets Beginner/Intermediate Pickleball Clinic focuses on building a strong foundation in pickleball fundamentals. Participants will learn serving techniques, shot mechanics, basic strategies, rules, and scoring. The clinic will also introduce players to controlling the kitchen, executing touch shots, and mastering both drives and drops. This clinic is ideal for those relatively new to the game or looking to solidify their basic skills. Match play opportunities will be provided to practice these skills in a game setting.

Cost: R-\$247, NR-\$257, PR-\$210, PNR-\$218

WSA25.3.1	Thurs 12/12-1/16	6:00p-7:30p
WSA25.3.2	Thurs 1/23-2/27	6:00p-7:30p
WSA25.3.3	Thurs 3/6-4/10	6:00p-7:30p
WSA25.3.4	Thurs 4/17-5/22	6:00p-7:30p

Pickleball - Intermediate/Advanced Adult Clinic

Ages: 18+

Location: UM Community Center

Instructor: Universal Rackets PPR-Certified Staff

In the Universal Rackets Intermediate/Advanced clinic, students will dive deep into advanced strategies, honing their skills through targeted repetition, high-level tactics, and refined techniques. Emphasis will be placed on mastering specific in-game drills and match situations. This clinic is tailored for the competitive pickleball player eager to elevate their game.

Cost: R-\$247, NR-\$257, PR-\$210, PNR-\$218

WSA25.4.1	Thurs 12/12-1/16	7:30p-9:00p
WSA25.4.2	Thurs 1/23-2/27	7:30p-9:00p
WSA25.4.3	Thurs 3/6-4/10	7:30p-9:00p
WSA25.4.4	Thurs 4/17-5/22	7:30p-9:00p

Pickleball- Beginner Adult Clinic

Ages: 18+

Location: UM Community Center

Instructor: Universal Rackets PPR-Certified Staff

The Universal Rackets Beginner Pickleball Clinic will consist of learning serving and returning, how to keep score and rules, dinking and controlling the ball. Basic shot techniques and court positioning will be taught. The clinic is structured into segments, so each session builds off of the previous lesson. After the session is done, a student with no prior pickleball experience will turn into a confident player and be able to play fully on their own outside of class.

Cost: R-\$247, NR-\$257, PR-\$210, PNR-\$218

WSA25.5.1 Sun 3/16-4/27 12:00p-1:30p **WSA25.5.2** Sun 5/4-6/8 10:00a-11:30a

Pickleball- Intermediate Adult Clinic

Ages: 18+

Location: UM Community Center

Instructor: Universal Rackets PPR-Certified Staff

The Universal Rackets Intermediate Pickleball Clinic is designed for players with foundational knowledge who are ready to refine and advance their skills. This clinic focuses on enhancing shot consistency, court positioning, and strategic play. Participants will work on improving their control in the kitchen, executing effective drop shots and drives, and transitioning smoothly between offense and defense. Players will develop the skills needed to confidently compete at a higher level.

Cost: R-\$247, NR-\$257, PR-\$210, PNR-\$218

WSA25.6.1 Sun 3/16-4/27 1:30p-3:00p **WSA25.6.2** Sun 5/4-6/8 11:30a-1:00p

SPORTS PROGRAMS - ADULT

Pickleball Clinic & Play at UMCC with MLSN—Beginners & Advanced Beginners

Ages: 18+

Location: UM Community Center

Instructor: Tom Kozuchowski, PPR Certified Coach

Start your lifelong love of Pickleball with MLSN! Rules of the game, serving, court positioning, groundstrokes, volleys, dinks, lobs, the all-important "soft" game, and basic strategies will be covered.

In order to participate in advanced beginner you must have taken a Pickleball program before or have played 6+ months consistency with an understanding of the basics.

Cost: R-\$139, NR-\$149, PR-\$118, PNR-\$127

BEGINNER

FSA25.7.1	Wed	1/8-1/29	9:00a-10:30a
FSA25.7.2	Wed	2/5-2/26	9:00a-10:30a
FSA25.7.3	Wed	3/5-3/26	9:00a-10:30a

Advanced Beginner

FSA25.7.4	Wed	1/8-1/29	10:45a-12:15p
FSA25.7.5	Wed	2/5-2/26	10:45a-12:15p
FSA25.7.6	Wed	3/5-3/26	10:45a-12:15p

Pickleball—60 min Trainings Clinic for 1, 2, or 3 Players

Ages: 18+

Location: UM Community Center

Instructor: Tom Kozuchowski, PPR Certified Coach

Fully customizable workout/training sessions for individuals or small groups using the latest Pickleball machine technology. Tom's clinics focus on drilling & repetition to reinforce fundamentals while strengthening muscle memory. Clinic options: Intro to Pickleball, Beginner/Intermediate Core Skills, Singles/Doubles Tournament Prep & Purposeful Play. 4-week personalized programs are also available. Dates: Email Tom at TKozPB@gmail.com for details, dates, times, and scheduling. Register with the UMCC online or by phone.

60 Minute—1 Player

Cost: R-\$64, NR-\$69, PR-\$55, PNR-\$59

60 Minute—2 Players (Cost Per Person)

Cost: R-\$34, NR-\$37, PR-\$30, PNR-\$32

60 Minute—3 Players (Cost Per Person)

Cost: R-\$29, NR-\$32, PR-\$25, PNR-\$27

Pickleball - Beginner Adult Clinics with MLSN

Ages: 18+

Location: UM Community Center Instructor: Fred Sicilia on Sundays

Start your lifelong love of pickleball with this informative Beginner class. Learn basics of the game including: what equipment is right for you, the rules, basic shot techniques, court positioning and basic strategy. **Max 4**

NO CLASS 4/20

Cost: R-\$142, NR-\$152, PR-\$120, PNR-\$129 WSA25.9.1 Sun 1/26-3/2 1:00p-2:00p

WSA25.9.2 Sun 3/30-5/11 1:00p-2:00p

Tennis - Radnor Racquet Club (Adults and Teens)

Location: Radnor Racquet Club

Instructor: David Broida

Learn the fundamentals of the sport, including: forehand, backhand, serve, volley and basic strategy. Instruction will be provided for beginner and intermediate players, as well as training for middle and high school tennis team members.

Cost: R-\$185, NR-\$195, PR-\$157, PNR-\$166

WSA25.10.1 Adults & Teens Sun 1/5-3/2 7:00p-8:00p

<u>Universal Rackets Pickleball– Advanced Beginner/Intermediate Drills</u>

Ages: 18+

Location: UM Community Center

Instructor: Universal Rackets PPR-Certified Staff

The Universal Rackets Drilling Clinics are designed to take competitive pickleball players to the next level. This session focuses on fine-tuning all aspects of your play, from shot techniques to strategic decision-making. Our experienced coach will lead you through targeted drills, offering clear explanations and personalized feedback throughout.

Cost: R-\$224, NR-\$234, PR-\$190, PNR-\$199

 WSA25.11.1
 Mon 12/9-1/13
 5:30p-7:00p

 WSA25.11.2
 Mon 1/20-2/24
 5:30p-7:00p

 WSA25.11.3
 Mon 3/3-4/7
 5:30p-7:00p

 WSA25.11.4
 Mon 4/14-5/19
 5:30p-7:00p

SPORTS PROGRAMS - ADULT

<u>Universal Rackets Pickleball– Intermediate/</u> <u>Advanced Drills</u>

Ages: 18+

Location: UM Community Center

Instructor: Universal Rackets PPR-Certified Staff

The Universal Rackets Drilling Clinics are designed to take competitive pickleball players to the next level. This session focuses on fine-tuning all aspects of your play, from shot techniques to strategic decision-making. Our experienced coach will lead you through targeted drills, offering clear explanations and personalized feedback throughout.

Cost: R-\$224, NR-\$234, PR-\$190, PNR-\$199

WSA25.12.1	Mon 12/9-1/13	7:00p-8:30p
WSA25.12.2	Mon 1/20-2/24	7:00p-8:30p
WSA25.12.3	Mon 3/3-4/7	7:00p-8:30p
WSA25.12.4	Mon 4/14-5/19	7:00p-8:30p

<u>Universal Rackets – Couples Doubles Pickleball</u> Night

Ages: 25+

Location: UM Community Center

Instructor: Universal Rackets PPR-Certified Staff

Get ready for an evening of fun and friendly competition with your favorite partner! Join us for Couples' Doubles Pickleball Night, where you and your partner will team up for a night filled with exciting pickleball matches. Whether you're seasoned players or just starting out, this event is designed for all levels to enjoy. With great music, light snacks, and friendly matchups, it's the perfect way to bond, meet other couples, and enjoy the game we all love! Don't miss out on the fun—reserve your spot today!

Price is Per Team!

Cost: R-\$59, NR-\$64, PR-\$50, PNR-\$55

WSA25.13.1	Fri	4/11	6:00p-8:00p
WSA25.13.2	Fri	4/25	6:00p-8:00p
WSA25.13.3	Fri	5/9	6:00p-8:00p
WSA25.13.4	Fri	5/23	q00:8-q00:6



<u>Universal Rackets – Singles Doubles Pickleball</u> <u>Night</u>

Ages: 25+

Location: UM Community Center

Instructor: Universal Rackets PPR-Certified Staff

Calling all solo pickleball players! Whether you're new to the game or a seasoned pro, Doubles for Singles Pickleball Night is the perfect way to team up, meet new people, and have a blast on the court. This night is all about fun and social interaction, with exciting "Up the River, Down the River" play formats to keep the games flowing. Enjoy great music, cool giveaways, and an energetic atmosphere that will make this an unforgettable pickleball experience. Grab your paddle and come join the fun!

Price is Per Person!

Cost: R-\$36, NR-\$41, PR-\$30, PNR-\$35

WSA25.14.1	Fri	4/18	6:00p-8:00p
WSA25.14.2	Fri	5/2	6:00p-8:00p
WSA25.14.3	Fri	5/16	6:00p-8:00p
WSA25.14.4	Fri	5/30	6:00p-8:00p

Volleyball - Adult Pick Up Games

Ages: 18+

Location: UM Community Center

Instructor: UMPR Staff

Players will split into teams and play informal and fun volleyball games. Must be registered for the full session in

order to play.

NO VOLLEYBALL 2/19

Cost: R-\$77, NR-\$82, PR-\$65, PNR-\$70

WSA25.15.1 Wed 1/15-4/16 7:15p-9:00p

Volleyball - Coed League

Ages: 18+

Location: UM Community Center Director: Dylan Muthersbaugh



Teams are guaranteed 10 matches. The league will provide officials. Games will usually take place Tuesday evenings (schedule is subject to change).

Registration deadline is January 8th.

Cost: Team - \$500; Individual - \$85

WSA25.16.1 Tues 1/21-4/8 Matches at 6:00, 7:00 or

SPORTS EVENTS - ADULT

Seniors Bowling & Luncheon

Ages: 60+ (UM Residents Only)

Location: Our Town Alley

Upper Merion Township Residents are invited to a luncheon buffet and unlimited bowling from 12-2pm. Must pre-register to participate. **Registration deadline:**March 29th at 4pm. Please note we will not be providing an individual boxed lunch this season. We will instead be getting an appetizer buffet, pizzas, and a veggie

tray. You will have 2 hours of buffet and bowling. Max 40

Cost: Free!

WSE25.1.1 Tues 4/8 12:00p-2:00p

Universal Rackets—PicklePalooza

Ages: 18+

Location: UM Community Center Host: Universal Rackets Staff

Get ready for an unforgettable day at Upper Merion Township's PicklePalooza event! Whether you're a seasoned player or new to the game, this is the perfect opportunity to socialize, have fun, and play pickleball. PicklePalooza will feature a variety of games and point play, so you can test your abilities and compete against other players. Grab your friends and join us for a day of pickleball fun at Upper Merion Township's PicklePalooza. We can't wait to see you there!

Cost: R-\$36, NR-\$41, PR-\$30, PNR-\$35 WSE25.2.1 Sat 2/15 11:00a-1:00p WSE25.2.2 Sat 4/26 11:00a-1:00p

SCHOOL DAYS OUT

Mad Science—School Days Out Programs

Ages: 6-12

Location: UM Community Center Instructor: Mad Science Staff

<u>January 20th</u> - Roving Rovers/Rocketry
<u>February 13th</u> - Jr. Physicians/Mad Machines
<u>February 14th</u> - Slimy Science/Creative Chemist
<u>February 17th</u> - Jr. Geologist/Detective Science
<u>March 31st</u> - Energy in Motion/Shocking Science

Cost: R-\$138, NR-\$148, PR-\$117, PNR-\$126

 WSO25.1.1
 Mon 1/20
 9:00a-3:30p

 WSO25.1.2
 Thurs 2/13
 9:00a-3:30p

 WSO25.1.3
 Fri 2/14
 9:00a-3:30p

 WSO25.1.4
 Mon 2/17
 9:00a-3:30p

 WSO25.1.5
 Mon 3/31
 9:00a-3:30p

Snapology—School Break Workshop: Holiday Robotics

Ages: 7-12

Location: UM Community Center Instructor: Snapology Staff

In this special workshop, students will work together to build winter holiday—inspired robotic models, play games with their models, and modify their work to learn the basics of robotics and coding. They'll create unique memories that will last much longer than just the holiday season! So whether you still need to work, or get last minute shopping done, we'll keep your child happily engaged!

Cost: R-\$95, NR-\$100, PR-\$80, PNR-\$85 **WSO25.3.1** Mon 12/23 9:00a-12:00p

Snapology—School Break Workshops

Ages: 5-12

Location: UM Community Center Instructor: Snapology Staff

<u>Frozen</u>—LET IT GO and plunge into the frigid and magical world of Arendelle with Snapology! This program is jam-packed with creative building activities and games that will inspire your learner to explore this world of fantasy that is also rooted in Scandinavian culture and geography. Students will design LEGO models inspired by the famous Frozen movies. Do you want to build a snowman? Come on, let's go and play!

<u>Frozen</u>—Cost: R-\$83, NR-\$88, PR-\$70, PNR-\$75 **WSO25.2.1** Mon 2/17 9:00a-12:00p

<u>Superhero's</u>—To the Batcave, superhero fans! Design your own superhero, create your own adventure, and build epic battle scenes using LEGO bricks. Have a blast as you create your own fantasy world of superheroes and supervillains, straight out of the pages of DC and Marvel comic books!

<u>Superhero's</u> Cost: R-\$83, NR-\$88, PR-\$70, PNR-\$75 **WSO25.2.1** Tues 5/20 9:00a-12:00p

Young Rembrandts—Spring Break Daily Minicamps

Ages: 4-12

Location: UM Community Center Instructor: Young Rembrandts Staff

April 14th - Cosmic Strip and Cartoon Character Creation

April 15th - Under the Sea Pastel Artwork

April 16th — Anime Manga Workshop

April 17th— Safari Adventure Pastel Artwork

April 18th— Draw Favorite Apps and Video Games Characters

Cost: R-\$83, NR-\$88, PR-\$70, PNR-\$75

 WSO25.4.1
 Mon 4/14
 9:00a-12:00p

 WSO25.4.2
 Tues 4/15
 9:00a-12:00p

 WSO25.4.3
 Wed 4/16
 9:00a-12:00p

 WSO25.4.4
 Wed 4/17
 9:00a-12:00p

 WSO25.4.5
 Thurs 4/18
 9:00a-12:00p

SPRING BREAK CAMPS

Hands on Science—Spring Break Camp

Ages:

Location: UM Community Center

Instructor: Professor Bob

ROBOT BUILDING: 'Professor' Bob is moving from the classroom to the shop floor. Our team of engineers will be building and testing their very own take-home robots. This is where education meets industry. We will be learning and putting our knowledge to work right in front of our eyes. Price includes all materials needed.

Cost: R-\$324, NR-\$334, PR-\$280, PNR-\$288

WSB25.1.1 4/14-4/18 9:00a-12:00p

Mad Science—Spring Break Camp

Ages: 6-12

Location: Heuser Park Instructor: Mad Science Staff

Super Slimy Smokey Science - Dive into a variety of scientific fields as you help solve a mystery, stretch silly putty and slime, copper-plate nickels, tinker with circuits, and investigate optical illusions. Become captivated by lasers, dry ice, and hair-raising experiments! You will love what happens when you mix science and fun!

Mad Machines & Jr. Engineers - Whether you enjoy building or destroying structures, you'll love this camp! Work with simple machines such as pulleys, wedges, screws, and levers, to build your own catapults! Experiment with tessellation with triangles and cubes. Exercise your ability to work with others while constructing a geodesic dome big enough for everyone to fit inside! Let the building begin!

Cost: R-\$522, NR-\$532, PR-\$443, PNR-\$452 **WSB25.2.1** 4/14-4/18 9:00a-3:30p

USA Sport Group—Multi Sport Squirts

Ages: 2.5-3.5, 3-4.5, & 4-5.5 Location: Heuser Park

Instructor: USA Sport Group Staff

Our School's Out Multi Sports camp gives players the opportunity to experience 3+ sports during a fun-filled camp. Every camp is coached by our professional staff, trained to encourage maximum participation, good sportsmanship, and above all - FUN!

USA Sport Group Multi Sports School's Out camp is a must for children who are either new to playing sports or for sports enthusiasts. Our Multi Sports camp allows participants the opportunity to play and learn different sports in a fun and safe setting.

Sports typically played and Skills covered at camp: Baseball, Soccer, Lacrosse, Track & Field, Pillo Polo and more... Rules of each sport, Techniques of each sport, Team building and sportsmanship, Coordination, balance, agility, and speed training, Lower and upper body workouts

All equipment needed for this program will be provided. All participants will receive a FREE Dri-Fit Shirt.

Cost: R-\$270, NR-\$280, PR-\$230, PNR-\$238 WSB25.3.1 4/14-4/18 9:00a-12:00p

TRIPS



August 2025

For more information email Brian Sell at bsell@umtownship.org

UPCOMING EVENTS









Register by December 6





PRIZES TO BE AWARDED

REGISTER ON COMMUNITY PASS OR CALL 610-265-1071



FREE DRIVE-THRU **Recycling Event**

E-Waste Collection & Paper Shredding

Sunday 4/27/25 11AM-2PM* Rain or Shine *Event runs until trucks are full or at 2PM. Whichever comes first.

Drive-Thru Upper Merion Area Middle School Parking Lot Location 450 Keebler Rd, King of Prussia, PA 19406

E-Waste Collection

Accepted items for free: Hard drives, keyboards, printe les, scanners, DVDS, laptops 8

For A Cost

Older CRT Monitors and TVs: \$35 - \$75 (size varies)

Flatscreen TVs: \$20/each Computer Monitors: \$5

Air Conditioners, Dehumidifiers, & Air Purifiers: \$20 Microwaves: \$10

Payment will be taken onsite via exact cash, cards or checks made out to: "PAR-Recycle Works"

Paper Shredding

Limitations:

One 15" banker box, per person, of confidential papers that need to be securely destroyed.



For More Details and Information on the Event, Including Additional Limitations, Scan Here

Upper Merion Park & Recreation | 610-265-1071 | 431 W. Valley forge Road, King of Prussia PA

Holiday Village & Earth Day: Parking at UM Township Building (LIMITED) and Ross Road

Upper Merion township Library

The Library always has something fun to check out or new to participate in!

Head over to our website for current programs or stop by the library

and ask a staff member for more information!

Collections

Board Games

Spend some quality time with family and friends by checking out a new-to-you or favorite board game!

Lawn Games

Our newest collection in the library – lawn games! Check out a lawn game for some guaranteed fresh air and fun when the weather starts to warm up.



Museum Passes

Free entrance to select museums and attractions throughout Southeastern PA. Learn more on the library's website.

Wonderbooks

A combined picture book and audio player that doesn't require anything else! A great way for kids to stay entertained when you're busy cooking dinner or in the car.



Programs

Silent Book Club

Think Sustained Silent Reading (SSR) from grade school, but as an adult! Come join the (quiet) fun and read among other book lovers.



Family Night

Bring the kids and expect to have a great time at our monthly themed Family Nights with activities for families with kids in Kindergarten – 8th grade!



175 West Valley Forge Road King of Prussia, PA 19406 610-265-4805 | <u>umtownship.org/library</u>

Upper Merion Senior Service Center

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PARTIES

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BINGO & CARD GAMES

DAY TRIPS





SPECIAL EVENTS



UPPER MERION SENIOR SERVICE CENTER

431 W. VALLEY FORGE ROAD KING OF PRUSSIA, PA 19406 (in the Community Center Bldg.) (Tele: 610-265-4715 or on the web at www.umssc.org)

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Mansfield Bloomsburg California Millersville Kutztown Shippensburg Slippery rock Cheyney Clarion Indiana Edinboro Lock Haven East Stroudsburg West Chester

COMMUNITY COLLEGES

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mainlinehealth.org/kop



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Nor-View Farm

670 N. Henderson Rd, KOP Saturdays, 10:00AM-2:00PM



OPENING DAY CELEBRATION SATURDAY, MAY 15, 2025

UPPER MERION YOUTH ATHLETIC ASSOCIATION

King of Prussia Soccer Club

The King of Prussia Soccer Club was established in 1962 by our founder, Jim Baxter. Jim wanted a place for the children of our community to play "the beautiful game". Our club provides beginner and advanced soccer training for girls and boys who are 3 to 18 years old.

The King of Prussia Soccer Club will promote community vitality, through recreation and education by providing services that are responsive to the health, safety, and general welfare of the community. As a soccer club, we will endeavor to develop and encourage innovative and creative soccer players and leaders for the future. We aim to provide a positive learning environment through a player centered approach which allows the opportunity for all to play, enjoy and achieve success.

Prussians home field:
James Baxter Park
650 S. Henderson Rd.
King of Prussia, PA 19406

To register for programs: KOPSC.org Questions? communications@kopsc.org

Connect with us!
Facebook | Twitter | Instagram
KOPSC.org



Upper Merion Youth Football & Cheer

Upper Merion Youth Vikings Football & Cheer Season Teams is for ages 5 to 12, flag and tackle football and competitive cheer. A three month program beginning in August through end of October. Multiple practices per week at Heuser Park, with Saturday games across the Delaware Valley.

Visit http://www.umyouthfootball.com/ for registration information and more.



Upper Merion Lacrosse Club

The Upper Merion Lacrosse Club is a non-profit organization that was formed in 2005 to promote quality lacrosse education to the Upper Merion Township community. The Club aspires to be an outstanding educational-athletic organization that provides a high-quality experience to every athlete. It seeks to do this by:

- Developing it's youth athletes by teaching them the skills, tactics and strategies of the game in a fun and positive environment;
- Encouraging it's youth athletes to give back to the community selfless acts of charity and good deeds;
- Promoting good sportsmanship on the part of its youth athletes, parents, coaches and administrators;
- Providing it's youth athletes with the tools necessary to achieve success in life off the field, by creating an environment that focuses on the fundamentals of team building and sportsmanship.

We invite all members of our community to join us in our endeavor to be the leading youth sports organization in Upper Merion Township. We believe that there is only one way we can accomplish this - together by mentoring players and instilling in them important values that will enable them to experience success.

www.uppermerionlacrosse.com



SPRING 2025



UPPER MERION BASEBALL AND SOFTBALL ASSOCIATION

PROGRAMS AVAILABLE FOR AGES 3 - 18

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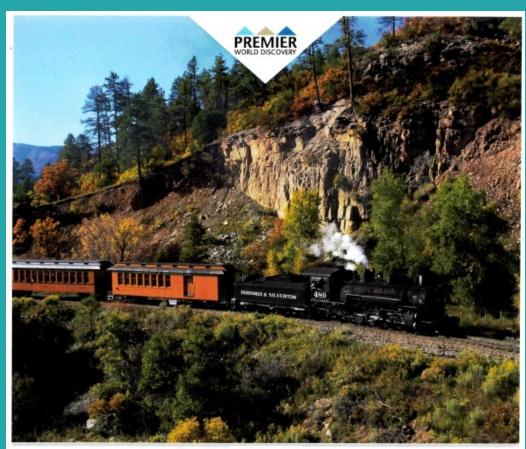


QUESTIONS? UMBACONNECT@GMAIL.COM

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